

2026

# SPIRITS STRONGHER INVITATIONAL

NOVEMBER 20 - 22, 2026

Missouri USA Gymnastics State-Qualifying Meet for Compulsory & Excel

USAG | Levels 2 - 10 | Xcel Bronze - Sapphire



MEET DIRECTOR Rod Rogers | [rodspirits@me.com](mailto:rodspirits@me.com) | 314.369.1559

## ENTRY FEES

|                                 |       |
|---------------------------------|-------|
| Level 2, Xcel Bronze & Silver   | \$110 |
| Levels 3-5                      | \$110 |
| Levels 6-10, Xcel Gold-Sapphire | \$125 |
| Team - per level (top 3 scores) | \$45  |

## IMPORTANT DATES

ENTRY DEADLINE  
September 30 (postmarked)

REFUND DEADLINE  
October 25\*

LAST LEVEL CHANGE  
November 15



## HOW TO REGISTER

- Mail a copy of your USAG registration with your check.
- Clearly indicate which team levels are included in your payment.
- Update all athlete registrations in USAG website.

## AWARDS

Event medals: 50% for all levels

All-Around trophies:

- 100% - Levels 2-4, Xcel Bronze & Silver
- 50% - All other levels

## AGE DIVISIONS

USAG age groups (may be subdivided). Ages are determined as of November 22, 2026.

## REFUND POLICY

Medical refunds require documentation from a licensed medical practitioner. Refunds requested after October 25 are subject to a \$25 fee. No refunds will be issued due to weather.

## SPECTATOR ADMISSION - CASH ONLY

\$10 ages 6+ | \$5 ages 5 and under | Infants in carrier seats: Free



@spiritsgym | [spiritsgym.com](https://spiritsgym.com) | 314.461.1877

12975 Maurer Ind. Dr. | St. Louis, MO

USA GYMNASTICS SANCTIONED EVENT



Please share admission details with participating families before meet weekend.