

# 2025

## Spirits Strongher Invitational

### November 22nd-23rd



**Meet Director:** Rod Rogers, [rodsprits@me.com](mailto:rodsprits@me.com), 314-369-1558

**Levels:** USAG Levels 2-10 & Xcel (Bronze - Sapphire)

**Awards:** Trophies for All Around Awards  
Medals for Events Awards  
50% on events for all levels  
100% for AA for Levels 2-4 and XB-XG, 50% for AA for all others

**Entry Fees:**

USAG Level 2, Xcel B & Si	\$ 90
USAG Levels 3-5, Xcel G	\$105
USAG Level 6-10, Xcel P, D, Sa	\$115
Team (per level - top 3 scores)	\$ 45

**Age Divisions:** USAG age groups (may be subdivided)  
All ages will be determined by their age as of November 23rd

**Deadline:** October 10, 2025 (postmarked)  
~USAG: Make sure to update registrations through USAG website  
~Last level-change date: November 15th

**Refunds:** Full refunds will be made through November 15th with a note from a licensed medical practitioner. Charge of \$25 after Nov 15th.

**Admission:** Cash Only! (please let your families know)  
\$10 ages 6 and up, \$5 ages 5 and under, Pumpkin seat = Free



Hosted by:  
St. Louis Spirits Gymnastics Club • 12975 Maurer Industrial Drive • St. Louis, MO 63127  
<https://spiritsgym.com> • 314-461-1877 phone-text





Team Address: \_\_\_\_\_ USAG Club#: \_\_\_\_\_

E-mail: (please print) \_\_\_\_\_ Phone: \_\_\_\_\_

Coach Name: \_\_\_\_\_ USAG#: \_\_\_\_\_ Exp: \_\_\_\_\_

Coach Name: \_\_\_\_\_ USAG#: \_\_\_\_\_ Exp \_\_\_\_\_

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Entry Fee Totals												
Level								# of Gymnasts		Entry Fee		Total
USAG: Level 2, Xcel B, Sil										\$90.00		
USAG: Level 3-5, Xcel G										\$105.00		
USAG: Levels 6-10, Xcel P, D, Saph										\$115.00		
Total Teams (Please circle each team level entered):										\$45.00		
USAG:		2	3	4	5	6	7	8	9	10		
USAG												
Total Fees												

St. Louis Spirits

St. Louis Spirits Gymnastics Club,  
ATTN: Rod Rogers  
12975 Maurer Industrial Drive  
St. Louis, MO 63127

Any entries postmarked October 10, 2025 or after will be assessed a \$15.00 late fee, per gymnast. **\$25.00 Charge for refunds made after November 15.**

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Check #	Amount:	Initials:
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