

2023 Spirits Invitational

November 18 and 19

Saturday

Session I

Level 2, Bronze, Silver and Gold

Open Stretch 9:00 – 9:15 A.M. Opening Ceremonies 9:15 Competition 9:30 Awards 11:30

Session II

Level 3

Open Stretch 12:30 P.M. Opening Ceremonies 12:40 Competition 1:00 Award. 3:00

Sunday

Session III

Level 4 and 5

Open Stretch 9:00 – 9:20 A.M. Opening Ceremonies 9:20 Competition 9:30 Awards 1:00 P.M.

Session IV

Level 6-10

Open Stretch 2:00 P.M. Opening Ceremonies 2:30 Competition 2:40 Awards 6:30