



Spirits Strongher Invitational

November 20th-22nd
2020

COVID-19 PROTOCOLS

Below are the protocols we have in place to provide a safe competitive experience for all our gymnasts and coaches who participate.

- Any mandated protocols by St. Louis County
- Masks are required for Judges, Coaches, and Spectators
- Please stagger and enter through the right side of our front door
- Please stagger when exiting and exit through the side door in the main gym
- We have reduced session sizes
- We are limiting one person per gymnast to spectate
- We will have sanitizer located throughout the gym
- We will have sanitation for equipment after each rotation (Coaches can ask for assistance)
- We will have certain places for each team to place their belongings
- There are Social Distance marker throughout the entire facility
- Athletes must have masks on when not warming up or competing on the equipment